



**health + wellness**

- healthy eating
- allergens + special diets
- nutritional supplements
- personal care

**sustainability**

- soil health
- waste + packaging
- energy use
- healthy waterways

**community**

- mission-based purpose-driven
- local/CDN economy
- animal welfare
- worker welfare

**PRODUCTS**

**CATEGORY**

**BRANDS A - Z**

**SERVICES**

organic + natural

**GROCERY**

**WELLNESS**

**BROAD PRODUCT SELECTION**

10,500 items  
750 brands

**LOGISTICAL EXCELLENCE**

2,500 locations served  
Fleet of Refrigerated Trucks (5)

**SERVICE EXCELLENCE**

22 member Sales Team  
18 member Customer Service

**PRODUCT SPECIALISTS**

**ROBUST ANALYTICS**  
45 Years - Natural Industry Experts

allergens + special diets

**DRY.COOLER.FROZEN.  
HOUSEHOLD**

**FUNCTIONAL.SUPPLEMENTS.  
PERSONAL CARE**

**2 DEDICATED FACILITIES**

\* located 400 metres apart

\* ship direct from either facility or co-ship Grocery + Wellness orders to over 2,500 locations across Western Canada + Yukon

\* 45 years of natural products expertise, ever-evolving with the most current consumer and retailer trends

\* category/industry trend analysis

plant-based, whole foods

\* shipped by the case

\* shipped buy the unit

**GROCERY DC**

150,000 sq ft  
with 30,000 sf cold chain storage

\* industry leading fill-rates

\* wholesale services for

\* robust reporting available to brokers, suppliers, retailers

nutritional supplements

Dry  
Cooler  
Frozen  
Household

Functional  
Supplements  
Personal Care  
Natural Living

**WELLNESS DC**

36,000 sq ft

\* integrated error management

- natural grocery retailers
- natural health retailers
- conventional grocery retailers
- buying clubs (families/individuals)
- on-line retailers
- other business types + entrepreneurs

natural personal care

natural household

\* emphasis on

local, Canadian

mission-based, purpose-driven

premium specialty